

G.A.B. GUIDEPOST - MARCH 2025

The Monthly NEWSLETTER OF:

(Grace, Augsburg, Bonnechere)

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March 2025 Readings

March 2nd Transfiguration of Our Lord Holy Communion
Exodus 34:29-35, Psalm 99, 2 Corinthians 3:12-4:2, Luke 9:28-36 (37-43)

March 9th Lent 1 Service of the Word
Deuteronomy 26:1-11, Psalm 91:1-2,9-16, Romans 10:8b-13, Luke 4:1-13

March 16th Lent 2 Holy Communion
Genesis 15:1-12, 17-18, Psalm 27, Philippians 3:17-4:1; Luke 13:31-35

March 23 Lent 3 Service of the Word
Isaiah 55:1-9, Psalm 63:1-8, 1 Corinthians 10:1-13, Luke 13:1-9

March 30 Lent 4 Service of the Word
Joshua 5:9-12; Psalm 32; 2 Corinthians 5:16-21; Luke 15:1-3, 11b-32



SPRING AHEAD 1 Hour!
Remember to turn clocks ahead
On Saturday, March 8, 2025.

Annual Congregational Meetings

St. John's Lutheran Church, Augsburg – March 9, 2025

St. John's Lutheran Church, Bonnechere – March 16, 2025

Bible Study

Pastor continues to offer an Adult Bible Study, Wednesday mornings at 10AM in the board room at Grace. We will follow the lectionary readings for the week. Everyone is invited to join and share insights with each other on Bible texts and life experiences.



From Our Quilting Ladies



Monday Quilters – These quilts are hand stitched for a fee and money is given to the church. We welcome new quilters to join us.

Cuddles & Hugs – They meet Wednesday, March 20, 2024. The quilts are made and stitched with love. They are given to persons undergoing cancer treatments .

Join **St. John's Anglican Church**, Eganville for the annual **Shrove**



Tuesday Pancake Supper:

Tuesday, March 4th from 4-6:30pm.
Includes Pancakes, sausages, baked beans, real maple syrup and dessert.
Cost is \$10 for adults, \$5 for children aged 4-10, and free for children under 4.



Come join us for **Ash Wednesday Service** at Grace Lutheran Church, Wednesday, March 5, 2025 at 7:00 PM
"Remember you are dust, and to dust you shall return"

The Eganville Ministerial encourages its respective faith communities to join AN ECUMENICAL LENTEN STUDY



**“ Something Sacred
Reflections on Music and Faith”**

Thursdays 4-5 PM March 6, 13, 20, 27, April 3, 10.

**in the hall @St John's Anglican Church
Victoria St Eganville**

*“Explore how the power of music
can deepen our connection to God
and form us as disciples of Christ.
For many, music is a ubiquitous presence in our lives
that affects us, sometimes despite us.
The music we resonate with speaks to who we are,
what we believe, and what we aspire to as people.
Because of this,
music is a powerful faith formation tool.
What we sing together has the power to change us.”*

Rev. Margie Patterson
Retired United Church Minister in the Valley
will facilitate this gathering.



**There is a Blood Donor Clinic
scheduled for Thursday, March 27,
2025 from 12 PM to 8 PM. Go to the
blood donor website to pre-register.**



World Day of Prayer 2025

“I Made You Wonderful”

Psalm 139:1-18

Artists: Tarani Napa and
Tevairangi Napa

Friday, March 7th 2025 at 2:00 PM

St. James the Less Catholic Church
Eganville, ON

Will be held in the Fellowship Hall
downstairs.

Service written by the World Day of Prayer Committee of
Cook Islands, prepared and adapted for use in Canada by
the Women's Inter-Church Council of Canada.



Service at Fairfields – 1:00 PM



On Saturday March 15th, Pastor Ralph will be
leading worship with our home bound members
at Fairfield's (in the dining room at 1:00 PM) and
sharing communion with them. This has been a
welcome ministry by the Fairfield' residents and
will occur on a monthly basis in the Fairfield's
dining room. Everyone is welcome to attend and if anyone wishes to
help Pastor just let him know.



Thank you to our March Sponsor:

The March GAB has been sponsored by
Heather Schruder, to the glory of God and in
honor of Erna Schruder's 94th birthday,
March 19th.

Sunday School - Hi Everyone



We are planning to begin our spring session of Sunday School on **Sunday March 16** at the 10:30 service, and then continue until **Sunday May 11**. This is only possible if we have our wonderful volunteer teachers returning. We would also welcome any new ones.

If there is a week or a two that you can help out, please let me know.

An exciting new event we are planning is a congregation skate (see below). Hope you can join us!! (Don't forget your Foodbank donations)

We would like to invite you to strap on your skates and come skate with Grace.



WHO: Grace, Augsburg, Bonnechere and friends

WHEN: Sunday March 23, 2025
2:00 pm

WHERE: Eganville Arena

Please join us for this fun, **free**, community building activity.

Hot chocolate will be provided to children attending.

If you need to borrow skates, please contact
Crystal at 613-281-6351

Donations to Eganville Foodbank will be accepted

Hosted by Grace Sunday School



Grace Sunday School's Outreach Project

Help us fill the shelves at the local Foodbank

As we prepare for Easter, we are asking families to help us if you are able by doing

the Coins Lenten Path activity that is attached. (You can use dimes and nickels for the larger count days and quarters, loonies and twoonies for the lower count days) At the end of the 40 days we are asking that you send in the coins you have collected. We will then donate all the funds raised to the Eganville Food Bank.

Thank you for your support. Instead of giving up something, give to someone in need

Coins for Lent

- March 5** **ASH WEDNESDAY** A coin for every lamp
- March 6** A coin for every light switch
- March 7** A coin for every candle
- March 8** A coin for every light bulb
- March 9** **Pray today,** Thanking God for the gift of light. Pray for our Country, Canada and those who live in darkness or struggle to keep the lights on.
- March 10** A coin for every box of bandaids
- March 11** A coin for every bottle of vitamins
- March 12** A coin for every box of tissue
- March 13** A coin for every bottle of medication
- March 14** A coin for every thermometer
- March 15** A coin for every doctor or dentist who cares for you
- March 16** **Pray today,** Thanking God for your health. Pray for those who are sick at home or in the hospital.
- March 17** A coin for every ball cap or hat
- March 18** A coin for every pair of shoes
- March 19** A coin for every pair of jeans
- March 20** A coin for every coat
- March 21** A coin for every sweater
- March 22** A coin for every scarf
- March 23** **Pray today,** Thanking God for clothing that protects you from the elements. Pray for those who lack clothing to keep them warm and dry.
- March 24** A coin for every ball

- March 25** A coin for every electronic game
March 26 A coin for every radio
March 27 A coin for every television
March 28 A coin for every doll/action figure
March 29 A coin for every board game
March 30 **Pray today**, Thanking God for how you can enjoy in your home. Pray our Country, Canada and for those who would be grateful for just one of these items.
March 31 A coin for every box of cereal
April 1 A coin for every can of soup
April 2 A coin for every type of bread
April 3 A coin for every jar of jelly
April 4 A coin for every salad dressing
April 5 A coin for every jar of peanut butter
April 6 **Pray today**, Thanking God for food you enjoy. Pray for our country Canada and those who have no food today or struggle to put food on their table.
April 7 A coin for every room in your home
April 8 A coin for every electrical outlet in your kitchen
April 9 A coin for every chair
April 10 A coin for every desk
April 11 A coin for every bathroom
April 12 A coin for every bed
April 13 **Pray today**, Thanking God for shelter and a place to call home. Pray for those who have no place to sleep at night.
April 14 A coin for every Bible
April 15 A coin for every book of hymns in your home
April 16 A coin for every cross in your home
April 17 A coin for every prayer you say today
April 18 A coin for every story of Jesus you can tell
April 19 A coin for every person in your family
April 20 **EASTER** Pray, Thanking God for Jesus and. for the many ways we can gather and worship God. Pray for our Country, Canada and those who do not have the freedom to freely worship God.

From the Pastor's Desk



Grace and Peace to your from God our Father and the Lord Jesus Christ
 This year we will start Lent on Wednesday March 5th, with our annual Ash Wednesday service at Grace. Did you know that Sundays are not included in the total of the forty days? During Lent,

Sunday is celebrated as a resurrection day and thus a day for praise and thanksgiving. Falling within the season of Lent, we do not say or sing “Alleluia”, however, these Sundays do have a special focus and significance. The three classic Lenten disciplines are: giving of alms to the poor, praying, and fasting. Our Sunday school, this year will be focusing on giving alms to the poor, via their coins for Lent program, which then will be given to our local Food Bank in Eganville. I encourage you all to support this good cause.

The Sunday scripture readings during this season, which is in Year C of the lectionary will be a series of parables for us to ponder upon. Lent is also especially significant for the formation of the community of faith that arises from Jesus’ act of love in his death and resurrection. Through this act Jesus brings new life to us as individuals but also as Christ’s body. Lenten worship is therefore a source of hope for our gathered reality as the church, as well as a time of earnest reflection for each of us.

The purpose of Lent is really about reflection and repentance. As we heard on Ash Wednesday “Create in me a clean heart, O God, and renew a right spirit within me” (Psalm 51:10)
 May the blessing of God, who hears when you call; the grace of Christ, who reconciles you; the power of the Holy Spirit, who sustains you; remain with you in these Lenten days and for all your days, and forever more. Amen

Pastor Ralph

March 2025

<i>SUNDAY</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>	<i>SATURDAY</i>
2 Transfiguration HC Augsburg 9:00 Baptism Grace 10:30 Installation of Church Council	3 Grace Quilters 9-3 Confirmation 4:00	4 Bible Study 10:00 Ladies Aid 1:00 Shrove Tuesday Pancake Supper St. John Anglican 4-6:30	5 Ash Wednesday Grace 7:00	6 Toy Bus 9-11 Grace Choir 10:00 Lent Study 4-5 St. John Anglican	7 Pastor Day Off Women's World Day of Prayer – St James 2:00	8
9 Lent 1 SOW Daylight Savings Time begins Augsburg 9:00 AGM Grace 10:30	10 March Break Begins Grace Quilters 9-3	11 Bible Study 10:00	12 Music and Worship 1:00	13 Toy Bus 9-11 Grace Choir 10:00 Ottawa Cluster 9:30 Lent Study 4-5 St. John Anglican	14 Pastor Day Off	15 Fairfield Worship 1:00
16 Lent 2 HC Bonnechere 9:00 AGM Grace 10:30 SS	17 Grace Quilters 9-3 Confirmation 4:00	18 Bible Study 10:00	19 Pastor Day Off Cuddles and Hugs 9-3	20 Toy Bus 9-11 Grace Choir 10:00 Lent Study 4-5 St. John Anglican	21	22
23 Lent 3 SOW Bonnechere 9:00 Grace 10:30 SS Skating 2:00	24 Grace Quilters 9-3 Confirmation 4:00	25 Bible Study 10:00 Property 7:00	26	27 Blood Donor Clinic 2-8 Grace Choir 10:00 Lent Study 4-5 St. John Anglican	28 Pastor Day Off	29
30 Lent 4 SOW Grace 10:30 SS Tri-Council	31 Grace Quilters 9-3 Confirmation 4:00 Grace Council 7:00					

Notes: HC – Holy Communion, SOW – Service of Word, SS – Sunday School

Office number: 613-628-1392, Office hours: Tuesdays, Wednesdays, and Thursdays 9:00 AM to 3:00 PM